



Adult Lap Swim - must be 15 years or older
 Open Lap Swim - must be 13 years or older & swimming laps

Lap Pool Hours: September 3rd - December 14th 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30	Swim Lessons 9 - 4:30 **	Adult Lap Swim 5:30 - 8:00	Adult Lap Swim 5:30 - 8:00	Adult Lap Swim 5:30 - 8:00	Adult Lap Swim 5:30 - 8:00	Adult Lap Swim 5:30 - 8:00	Adult Lap Swim 7 - 10:30 Swim Lessons 9 - 4:30 **	
6:00								
6:30								
7:00								
7:30								
8:00								
8:30		Adult Lap Swim 8:30 - 10:30	AquaFit 8:30 - 9:25	AquaFit 8:30 - 9:25	AquaFit 8:30 - 9:25	AquaFit 8:30 - 9:25		AquaFit 8:30 - 9:25
9:00								
9:30								
10:00								
10:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	Open Lap Swim 10:30 - 1:30	
11:00								
11:30								
12:00								
12:30								
1:00								
1:30								
2:00								
2:30								
3:00							Family Swim 3 - 4:30	
3:30								
4:00		Open Lap Swim 4 - 6:30	Swim Lessons 4 - 6:30 **	Open Lap Swim 4 - 6:30	Swim Lessons 4 - 6:30 **	Open Lap Swim 4 - 6:30	Swim Lessons 4 - 6:30 **	** = Given we have staff available.
4:30								
5:00								
5:30								
6:00								
6:30			AquaFit 6:30 - 7:20		AquaFit 6:30 - 7:20			
7:00								