



# Dan Patrick's 2018 SUMMER KICK OFF TENNIS CAMP

For over 21 years, players have trusted Dan to improve their tennis game, work hard, and have lots of fun! Hit the courts with us for an awesome two week camp experience packed with drills, conditioning, strategy and match play.

*Our #1 goal is to give players the opportunity to hit thousands of balls, improve their skills and be challenged.* — Dan Patrick

## MEET THE DIRECTOR

Dan Patrick enters his 21st season as a teaching professional (19 at Quad-City Tennis Club and 2 years as Tennis Director at the Bettendorf Life Fitness Center). He is a USPTA certified pro and former Augustana Men's Tennis Coach. Supporting Dan will be an outstanding cast of Life Fitness Center staff along with Tim Baldrige and Betty Christian, local high school and college player/coaches.

## OUR FACILITY

12 new courts at Bettendorf High School and 6 new courts at Bettendorf Middle School and 3 indoor courts at the Bettendorf Life Fitness Center.

For any questions, please contact  
DAN PATRICK (563) 650-2198 or  
BETTENDORF LIFE FITNESS (563) 344-4119.



## \* JUNIOR CAMP (Ages 11-18)

### Green / Yellow Ball ONLY!! - *\*(See Minimum Requirements)*

For players between 11-18 years old looking to take their game to the next level.

Train like the pros with high intensity drills, patterns of play and point building strategies. Students will learn how to construct points using spin, place and placement. These camps are excellent preparation for any player interested in high school and college tennis.

## HIGHLIGHTS OF THE CAMP

- Top flight teaching staff & facilities
- 25-30 hours of drilling, strategy & match play
- Small groups with individual attention
- Safe, healthy and fun environment
- Social and recreational activities daily
- T-Shirt for all campers

## SAMPLE DAILY SCHEDULE

- 8:30 am Camp Meeting & Dynamic Stretching
- 9:00 am Strokes of the Day & Drills
- 10:15 am Drill Games
- 11:30 am Lunch, Rest, Optional Tennis
- 12:45 pm Team Tennis Competition
- 2:45 pm Large Group Tennis Games/Activities
- 3:30 pm Conclusion - Pick up by parent/guardian

## CAMP DATES

Session 1: June 4-8, 2018 (at BHS)

Session 2: June 11-15, 2018

(BMS June 11-12,  
BHS June 13-15)

Time: 8:30 am-3:30 pm

Cost: \$180 per session



## WEATHER POLICY

In event of rain, camp will rarely be cancelled. **JUNIOR CAMP** may experience a change of location to Life Fitness Center and/or two hour delay start time of 10:30 am due to adverse weather.

## TENNIS TOTS / EARLY JR DEVELOPMENT CAMP (Ages 5-12)

### Red / Orange / Green Ball

Designed for beginning—intermediate players between the ages of 5-12 years old.

In JDC, our strongest emphasis is on having fun. The camp is shorter in duration utilizing both regular and smaller courts and balls that are easier allowing students to achieve quicker success. *Choose from 10 possible 2 hour sessions between morning or evening times.*

## CAMP DATES

Session 1: June 4-8, 2018 (at BMS)

Session 2: June 11-15, 2018

(LFC June 11-12, BMS June 13-15)

Morning: 8:30 am-10:30 am

Evening: 5:30 pm-7:30 pm

Cost: \$75 per session

*Morning and Evening times are separate sessions. You may sign up for one or both daily sessions.*

## \*\*JUNIOR CAMP PRORATING\*\*

If you are interested in signing up for camp, but are unable to attend the full session of camp due to special circumstances (school still in session, drivers ed., etc.) please call Dan for details on prorating camp fees at 563-650-2198.

## \*JUNIOR CAMP MINIMUM REQUIREMENTS

The Junior Camp is designed for those players 11-18 years old who:

- have participated in green or yellow ball classes;
- have experience in orange, green or yellow ball tournaments;
- are able to maintain consistent rallies with other players;
- can execute 5 out of 10 serves from the baseline;
- OR have been approved by the Director (see Dan Patrick)