

Tennis Camp



Dan Patrick's **SUMMER KICK OFF TENNIS CAMP**

For over 20 years, players have trusted Dan to improve their tennis game, work hard, and have lots of fun! Hit the courts with us for an awesome two week camp experience packed with drills, conditioning, strategy, and matchplay.

"Our #1 goal is to give players the opportunity to hit thousands of balls, improve their skills, and be challenged." – Dan Patrick

HIGHLIGHTS OF OUR CAMP

- Top flight teaching staff & facilities
- 25-30 hours of drilling, strategy & matchplay
- Small groups with individual attention
- Safe, healthy and fun environment
- Social and recreational activities daily
- T-shirt for all campers

TYPES OF CAMPS OFFERED

JUNIOR CAMP

For players between 10-17yrs old looking to take their game to the next level.

Train like the pros with high intensity drills, patterns of play and point building strategies. Students will learn how to construct points using spin, pace and placement. These camps are excellent preparation for any player interested in high school and college tennis.

TENNIS TOTS/EARLY JR DEVELOPMENT CAMP

Designed for beginning – intermediate players between the ages of 5-10yrs old.

In this camp, our strongest emphasis is on having fun. The camp is shorter in duration with smaller courts and balls that are easier to hit that allow the students to achieve quicker success. Choose from 2 possible 2hr sessions between morning and evening times.

MEET THE DIRECTOR

Dan Patrick enters his 20th season as a teaching tennis profession at the Life Fitness Center. He is a USPTA certified pro and the former Augustana Men's Tennis Coach. Supporting Dan will be an outstanding cast of LFC Staff along with Tim Baldrige, local high school and college player/coaches.

SAMPLE DAILY SCHEDULE

- 8:30am Camp Meeting & Dynamic Stretching
- 9:00am Strokes of the Day & Drills
- 10:15am Drill Games
- 11:30am Lunch, Rest, Optional Tennis
- 12:45pm Team Tennis Competition
- 2:45pm Large Group tennis Games/Activities
- 3:30pm Conclusion of Daily Tennis Program

CAMP DATES

Tennis Tots/Early Junior Development (Ages 5-10)
Session 1: June 5 – June 9, 2017 (at BMS)
Session 2: June 12 – June 16, 2017 (at LFC June 12th & 13th; at BMS June 14th – 16th)
Morning time: 8:30am – 10:30am
Evening time: 5:30pm – 7:30pm
Cost: \$70.00 each session

Intermediate/Advanced Junior Camp (Ages 10-17)
Session 1: June 5 – June 9, 2017 (at BHS)
Session 2: June 12 – June 16, 2017 (at BMS June 12th & 13th; at BHS June 14th – 16th)
Time: 8:30am – 3:30pm
Cost: \$175.00 each session

**REGISTER ONLINE @
WWW.BETTENDORF.ORG/REGISTER
STARTING MARCH 20TH**